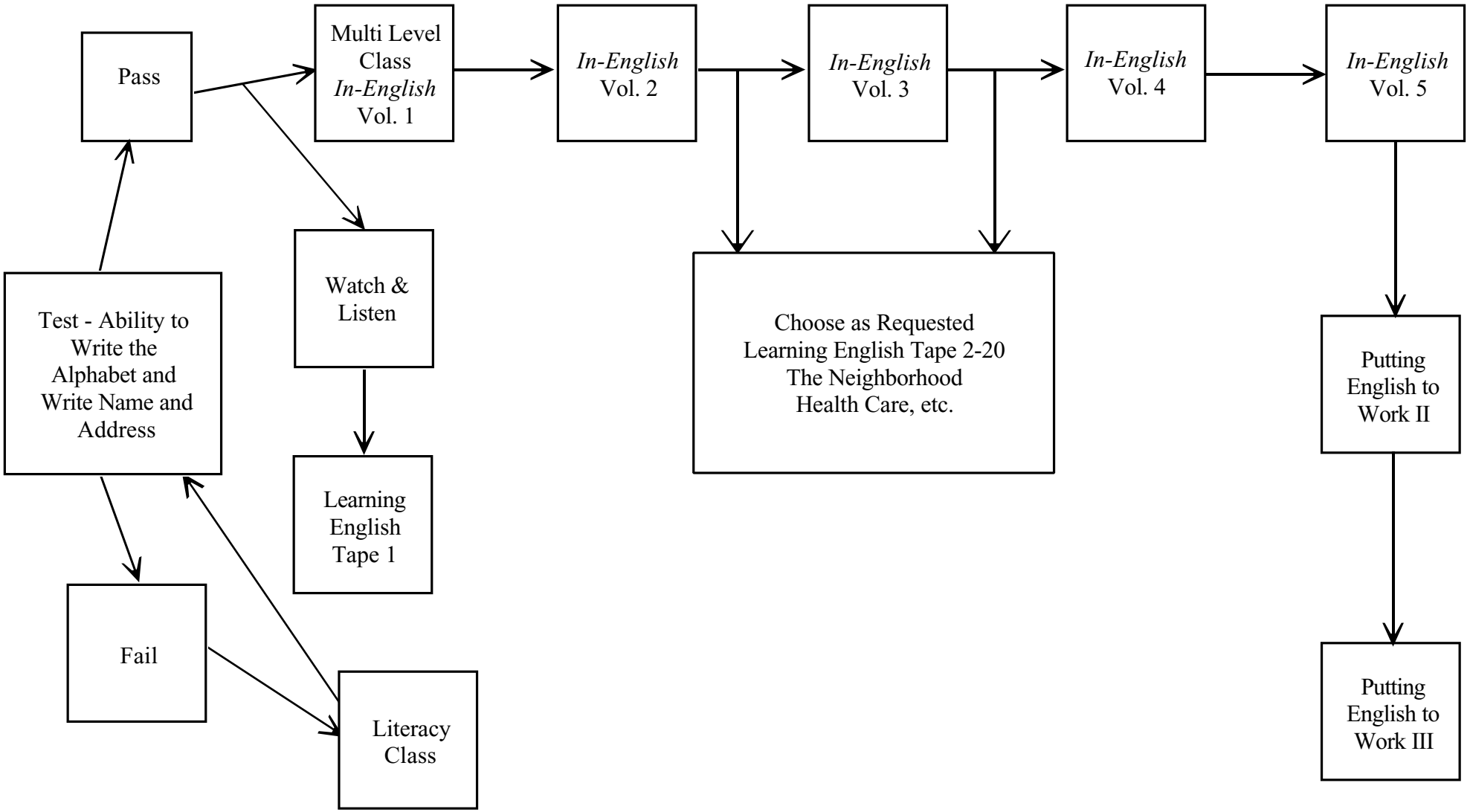An Integrated Video Curriculum for Multi-Level Classes Using Video Checkout